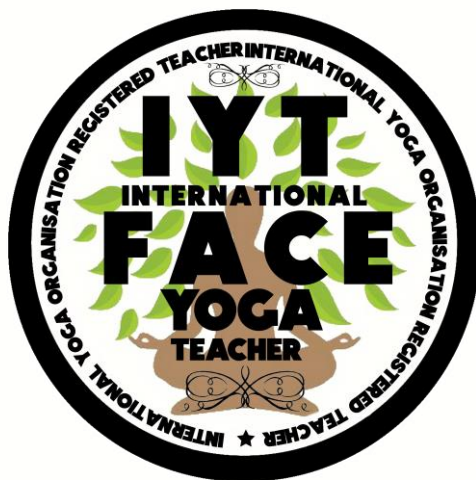
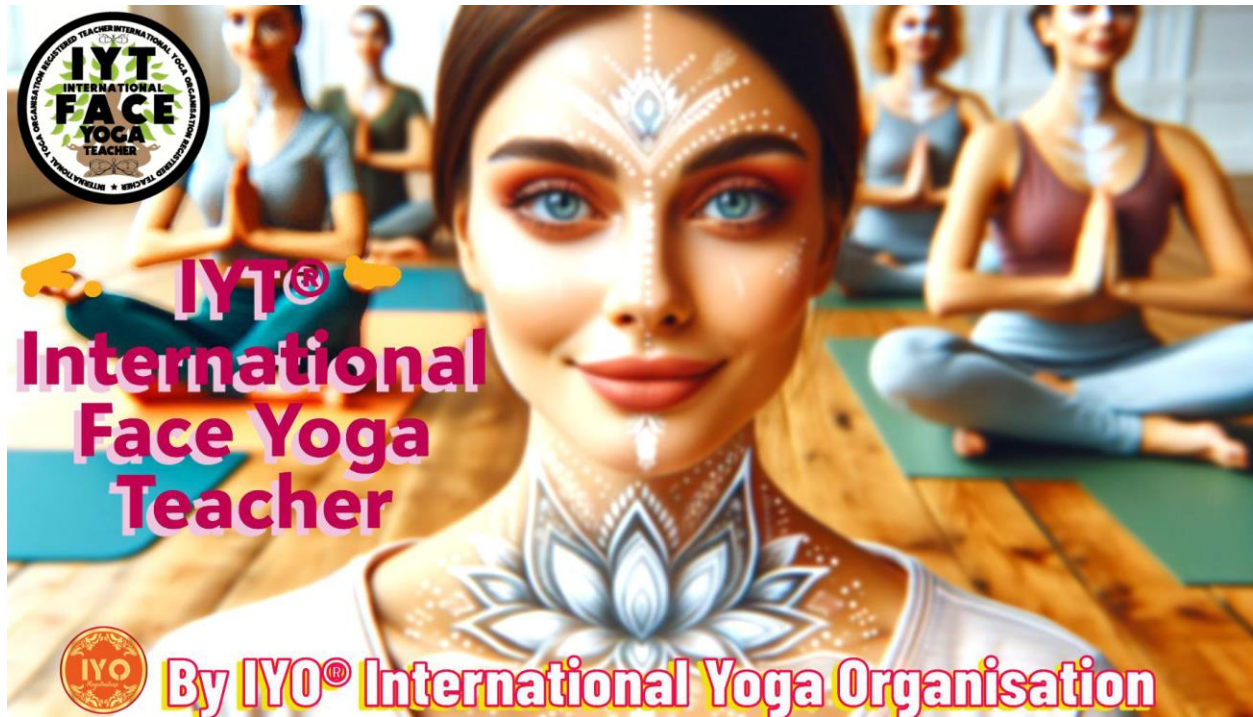


IYT® International Face Yoga Teacher Certification

A comprehensive training
program by IYO® International
Yoga Organisation





What is face yoga?

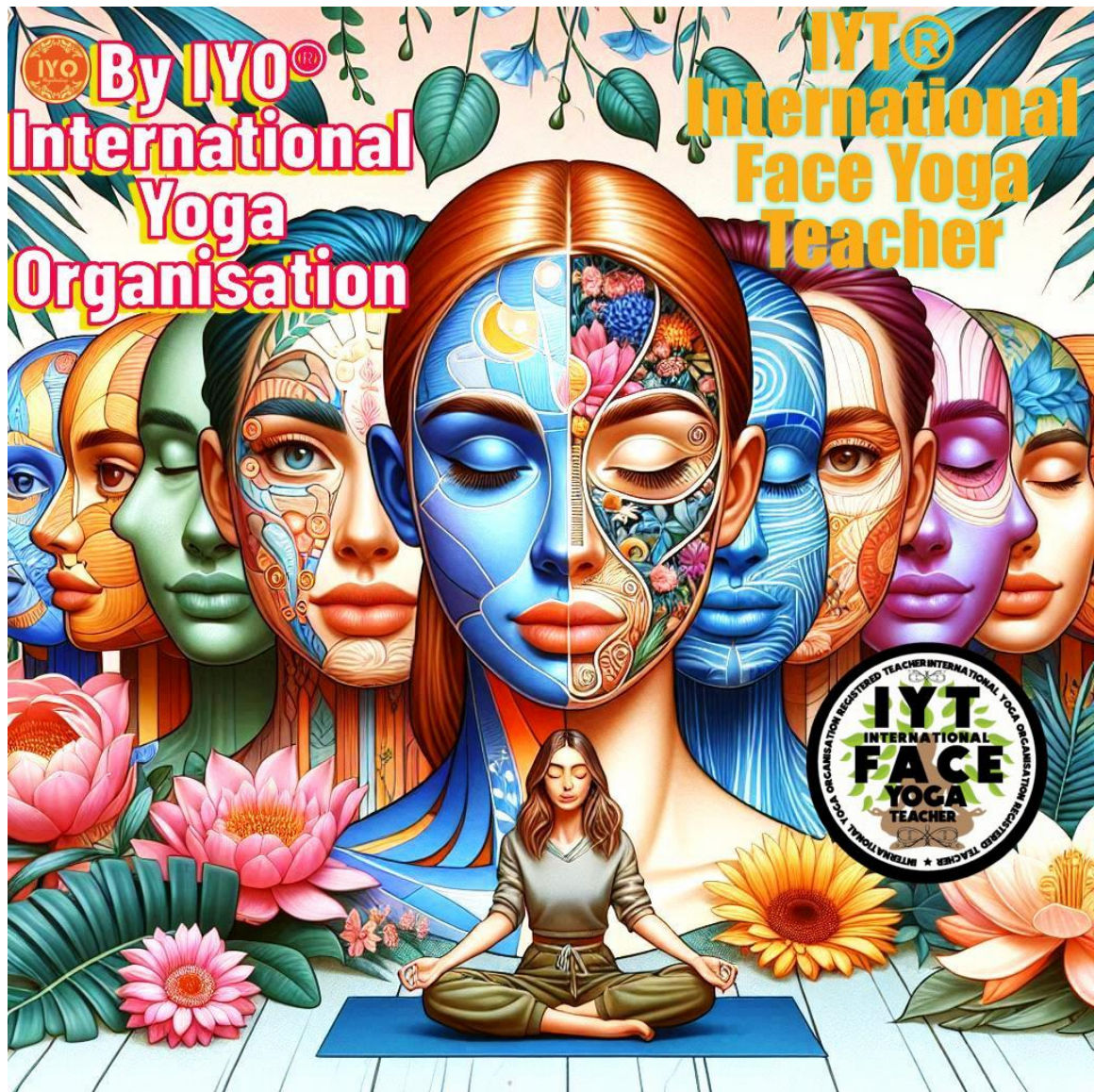
- Face yoga is a natural and holistic way to rejuvenate and tone the facial muscles, skin, and appearance.
- Face yoga combines facial exercises, massage, acupressure, relaxation, and breathing techniques to improve the health and beauty of the face.
- Face yoga can help reduce wrinkles, sagging, dark circles, puffiness, and other signs of aging and stress.
- Face yoga can also enhance the facial expression, mood, confidence, and well-being of the practitioner.



What is IYT® International Face Yoga Teacher certification?

- IYT® International Face Yoga Teacher certification is a professional and internationally recognized qualification that enables you to teach face yoga to individuals and groups.

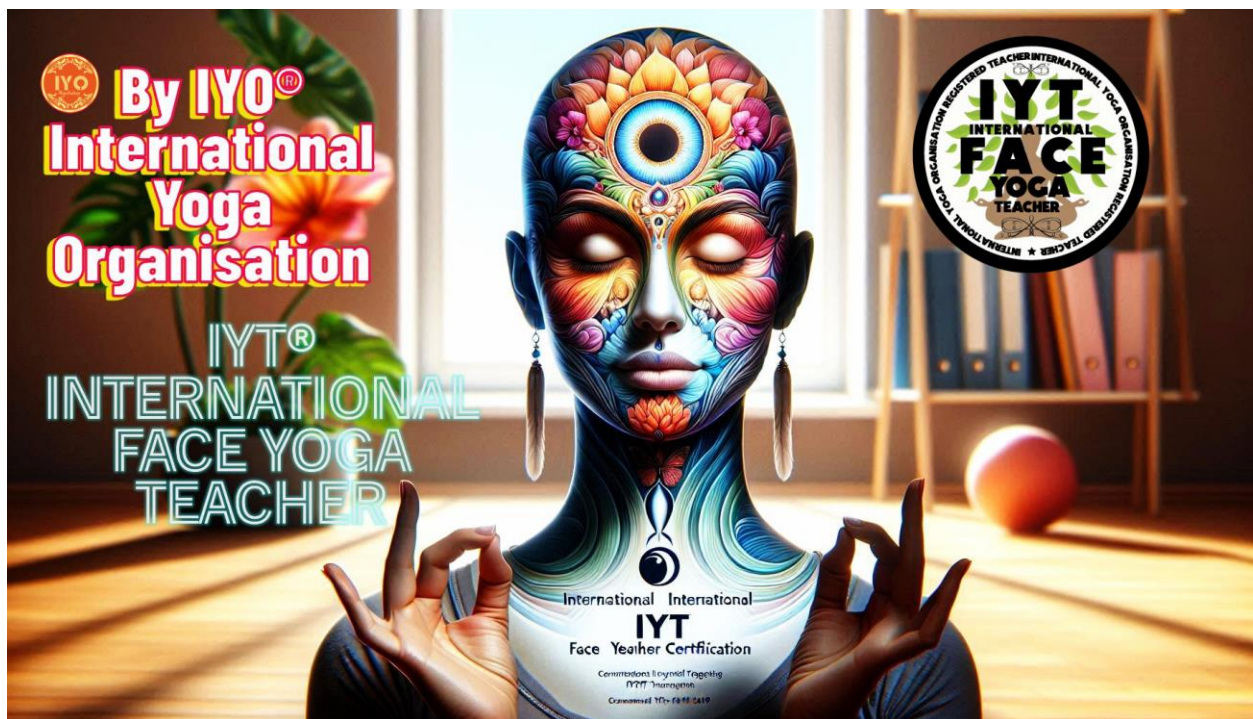
- IYT® International Face Yoga Teacher certification is offered by IYO® International Yoga Organisation, a leading and reputable yoga registration board of India that promotes and supports yoga education and practice worldwide.
- IYT® International Face Yoga Teacher certification is based on the latest scientific research, best practices, and ethical standards of face yoga.
- IYT® International Face Yoga Teacher certification covers the theory and practice of face yoga, anatomy and physiology of the face, teaching skills and methods, business and marketing strategies, and more.



Why choose IYT® International Face Yoga Teacher certification?

- IYT® International Face Yoga Teacher certification will equip you with the knowledge, skills, and confidence to teach face yoga effectively and safely to a diverse range of clients and settings.

- IYT® International Face Yoga Teacher certification will provide you with a competitive edge and a unique niche in the wellness industry.
- IYT® International Face Yoga Teacher certification will grant you access to the IYO® International Yoga Organisation network, resources, and opportunities, such as continuing education, mentoring, events, and discounts.
- IYT® International Face Yoga Teacher certification will enable you to make a positive difference in the lives of others by helping them achieve their facial health and beauty goals.



How to enroll in IYT® International Face Yoga Teacher certification?

- IYT® International Face Yoga Teacher certification is open to anyone who has a passion for face yoga and a desire to share it with others.

- IYT® International Face Yoga Teacher certification is delivered online through a user-friendly and interactive platform that allows you to learn at your own pace and convenience.
- IYT® International Face Yoga Teacher certification consists of modules, each with a video lecture, a reading material, and an assignment.
- IYT® International Face Yoga Teacher certification requires a minimum of study, practice, and teaching, which can be completed within 1 to 2 months.
- IYT® International Face Yoga Teacher certification will provide to students, who will complete the program.
- IYT® International Face Yoga Teacher certification is the good course to the students who want to explore the yoga of facial asanas, so you can enroll with confidence and peace of mind.



How to get started with IYT® International Face Yoga Teacher certification?

- To get started with IYT® International Face Yoga Teacher certification, you need to visit the IYO® International Yoga Organisation website and register for an account.
- Once you have an account, you can access the IYT® International Face Yoga Teacher certification course page and enroll with your preferred payment option.
- After you enroll, you will receive a confirmation email with your login details and instructions on how to access the course materials and platform.
- You can then start learning and practicing face yoga at your own time and pace, and submit your assignments and quizzes for feedback and evaluation.
- Upon successful completion of the course, you will receive your IYT® International Face Yoga Teacher certification and a digital badge that you can display on your website, social media, and resume.



IYT®
International
Face Yoga
Teacher

By IYO® International Yoga Organisation